

INSTRUCTIONS FOR COMPLETING CONCUSSION TRAINING

ALL coaches, managers and referees, regardless of their age and/or status (i.e., head coach, assistant coach, team manager, referee, assistant referee, etc.), are required to complete the concussion training annually. These courses are designed to comply with recently passed legislation concerning concussions in players under the age of 18 participating in nonschool sports

1. Choose one of the following **FREE** online training courses:

[CDC Heads Up](#)

[Step by step instructions for completing the CDC Concussion Testing](#)

The certificate is printable but cannot be saved. Do NOT try to save the PDF as your personal information will not be saved in the PDF (without third-party software). Please print as many copies as you might need.

PLEASE NOTE: the CDC site does not keep a record of your completion of this training. If you fail to print and retain a copy of your certificate, you may be required to retake the course.

[NFHS Concussions in Sports](#)

[Step by step instructions for completing the NFHS Concussion Testing](#)

This online course will require you to click on the "order here" button to begin the training. It will ask you to complete a brief registration form prior to beginning the course, which is solely for the purpose of registering you in its database as having successfully completed the online material. After you have completed this course you will be given the option to print out a personalized certificate of completion. It is suggested that this certificate be printed out in PDF format; otherwise your name may not appear on this certificate.

2. After completing either testing option, you will need to print out your personalized "certificate of completion" and keep a copy with you at related events (especially referees, as you may be required to show your personalized certificate to the appropriate authorities prior to being allowed to officiate any games).
3. Submit a copy (or copies) of your certificate of completion to all appropriate parties.